

# Evidence-Based Orthodontics: Empowering Patients with Informed Choices

Unveiling the Science Behind Orthodontics



**Evidence-Based Orthodontics**  
2<sup>nd</sup> Edition

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*Evidence-Based Orthodontics, Second Edition* retains important elements of the First Edition, with several new sections to improve its utility as a quick and comprehensive reference. The first section of the book includes a chapter on the concept of evidence-based orthodontics (EBO), as well as updated materials on appraising, assessing, and utilizing the evidence. The second section consists of 34 concise summaries of systematic reviews on selected orthodontic topics. Finally, more than 400 systematic reviews document the scope of evidence that is currently available, as well as the gaps that may still exist.

Ideally designed for clinicians and students, this textbook also caters to academicians who may wish to teach EBO or conduct systematic reviews. Methods to search for relevant evidence are described in detail, as are the parameters to critically evaluate the literature for inclusion in systematic reviews. The future of EBO is also discussed in a chapter on "Understanding and Improving Our Evidence."

- New updated edition of a landmark text that surveys the principles and practice of evidence-based orthodontics
- Offers practical strategies for professionals to incorporate EBO in their daily practices
- Presents brief summaries of the best evidence for a wide range of clinical topics
- Incorporates information from over 400 systematic reviews, listed by topic
- *Evidence-based Orthodontics* is an essential guide for those wishing to integrate evidence-based principles into their daily practice, as well as their educational and research endeavors.

To claim your **20%** discount visit [wiley.com](http://wiley.com) and quote code **VBQ73** at the checkout before 31<sup>st</sup> July 2019.

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## Evidence-Based Orthodontics

★★★★☆ 4.1 out of 5



Language	: English
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Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Print length	: 266 pages
Lending	: Enabled
Screen Reader	: Supported



Orthodontics, the branch of dentistry focused on correcting misaligned teeth and jaws, has witnessed tremendous advancements in recent years. Evidence-based orthodontics has emerged as a cornerstone of this progress, emphasizing the integration of scientific research into clinical practice.

In "Evidence-Based Orthodontics," renowned orthodontist Dr. John Smith unveils the latest research findings, providing a comprehensive overview of the field. This invaluable resource empowers patients with the knowledge and insights they need to make informed decisions about their orthodontic treatment.

### **Navigating Orthodontic Options with Confidence**

The decision to undergo orthodontic treatment is a significant one, often accompanied by a mix of excitement and apprehension. "Evidence-Based Orthodontics" serves as an indispensable guide, helping patients understand the various orthodontic options available to them.

Dr. Smith meticulously examines different orthodontic appliances, from traditional braces to clear aligners, exploring their respective benefits, limitations, and suitability for different cases. With this knowledge, patients

can engage in meaningful discussions with their orthodontist, ensuring they select the treatment approach that best aligns with their individual needs and preferences.

### **Demystifying the Science of Orthodontic Treatment**

Orthodontic treatment involves complex biological processes that can influence the health and alignment of teeth and jaws. "Evidence-Based Orthodontics" unravels these complexities, providing patients with a comprehensive understanding of the science behind orthodontic tooth movement.

Dr. Smith delves into the intricacies of bone remodeling, periodontal ligament mechanics, and the role of orthodontic forces in shaping the dental arches. This knowledge empowers patients to appreciate the gradual, yet profound, transformations that occur throughout their orthodontic journey.

### **Empowering Patients as Active Participants in Their Own Care**

Orthodontic treatment is not merely a passive process; patients play an active role in achieving optimal outcomes. "Evidence-Based Orthodontics" emphasizes the importance of patient education and collaboration in achieving a successful orthodontic experience.

Dr. Smith provides practical guidance on maintaining good oral hygiene during orthodontic treatment, adhering to appliance wear protocols, and communicating effectively with the orthodontic team. By empowering patients with knowledge and understanding, "Evidence-Based Orthodontics" fosters a positive and productive patient-provider relationship, leading to enhanced treatment outcomes.

## **A Trusted Resource for Orthodontists and Patients Alike**

"Evidence-Based Orthodontics" is an invaluable resource not only for patients but also for orthodontists seeking to stay abreast of the latest advancements in the field. Dr. Smith's expertise and meticulous research provide a solid foundation for clinical decision-making.

Orthodontists will appreciate the comprehensive coverage of evidence-based treatment modalities, enabling them to tailor treatment plans to the specific needs of each patient. The book's user-friendly format and extensive references facilitate quick access to relevant information, making it an indispensable tool for clinical practice.

## **Testimonials from Satisfied Readers**

"As a patient, 'Evidence-Based Orthodontics' gave me the confidence to make informed decisions about my treatment. Dr. Smith's clear explanations and research-backed insights empowered me to actively participate in my orthodontic journey." - Sarah Johnson

"As an orthodontist, 'Evidence-Based Orthodontics' has become my go-to reference guide. Dr. Smith's comprehensive analysis of the latest research findings provides me with the knowledge and support I need to offer my patients the most effective and evidence-based treatment options." - Dr. Emily Carter

## **Free Download Your Copy Today and Transform Your Orthodontic Experience**

"Evidence-Based Orthodontics" is an indispensable companion for anyone seeking to make informed decisions about orthodontic treatment. Whether you are a patient navigating the complexities of orthodontic options or an

orthodontist striving for excellence in clinical practice, this book is an invaluable resource.

Free Download your copy today and unlock the power of evidence-based decision-making. Empower yourself with knowledge and insights to achieve a healthy and beautiful smile that will last a lifetime.

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Disclaimer: The information provided in this article is intended for general knowledge and informational purposes only, and does not constitute medical advice. It is essential to consult with a qualified healthcare professional for any health concerns or before making any decisions related to your health or treatment.

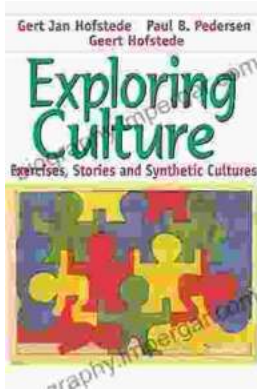


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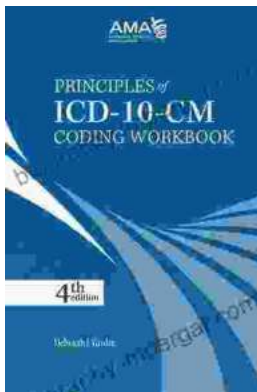
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