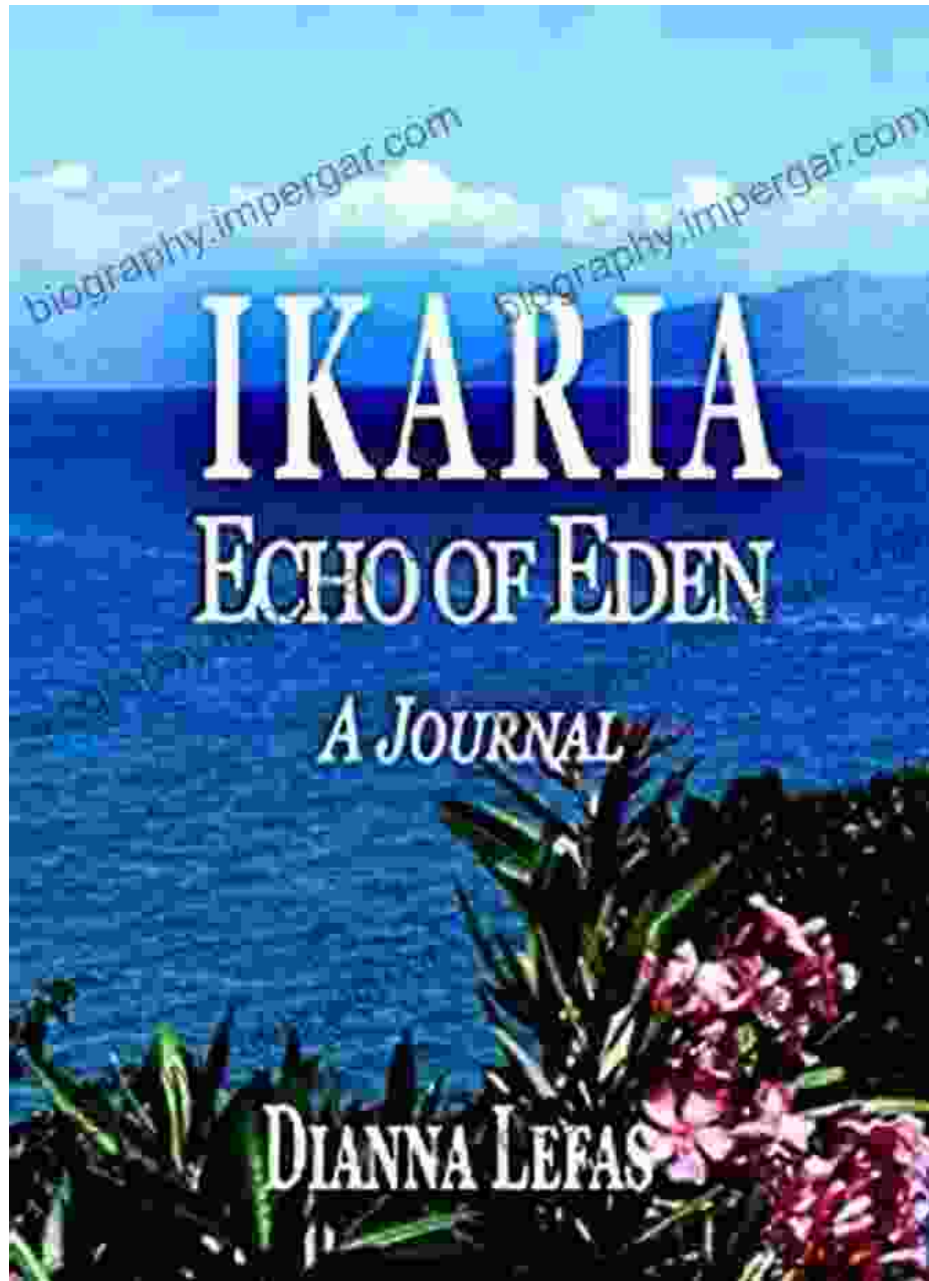


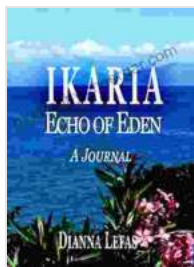
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A Journey Through Time, Culture, and Human Spirit

Prepare to be captivated by "People Journal Soufiko Ikaria," a literary masterpiece that unveils the hidden beauty and intriguing characters of Ikaria, an enchanting island nestled in the heart of the Aegean Sea. This book is an immersive tapestry of personal stories, cultural insights, and breathtaking photography that transport you to a world off the beaten path.

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IKARIA: Echo of EDEN: A People, A Journal & Soufiko (Ikaria: "The Blue Zone" Book 2) by Dianna Lefas

★★★★☆ 4.8 out of 5

Language	: English
File size	: 2957 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 101 pages
Lending	: Enabled



Beyond its picturesque scenery, "People Journal Soufiko Ikaria" unveils the island's unique way of life. Discover the secrets of longevity and well-being that have made Ikaria famous worldwide. Learn about the island's deep connection to nature, its vibrant cultural heritage, and the spirit of community that binds its people together.

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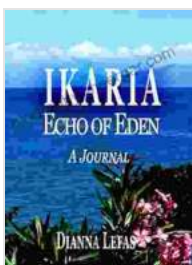






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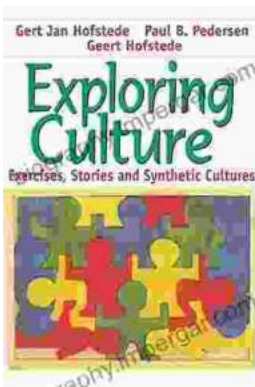
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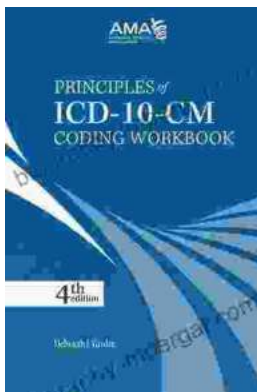
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